



Carpentaria Therapy Services Telehealth appointments

What is Telehealth?

Telehealth can include:

- ✓ Videoconferencing
- ✓ Phone calls
- ✓ Emails
- ✓ Text or other direct messaging

Why is it a good option for me and my family?

- ✓ Telehealth appointments allow for your important services to continue during the current COVID-19 environment
- ✓ Telehealth appointments allow you and your family to keep meeting your goals
- ✓ Telehealth ensures that social distancing measures can be maintained
- ✓ Appointments are held while you are in your home environment, using the activities and resources you usually have access to

What does a Telehealth appointment include?

- ✓ Therapists work alongside parents and guardians to tailor appointments to individual needs and goals
- ✓ The appointment will feel similar to a face-to-face session, and your therapist will let you know if any modifications are required

How do I access Telehealth appointments?

- ✓ Telehealth appointments are available via Zoom
- ✓ Zoom is easy to set up on your phone, tablet or computer
- ✓ A How to Zoom Tip Sheet is [available here](#)
- ✓ Your therapist can help you to prepare for your Telehealth appointment

Questions?

Please talk to your therapist or contact Sarah Ballard, Therapy Services Officer on 8920 9446.